

WANTED! 50 PARTICIPANTS FOR 21 DAY "GET FIT" STUDY

Benefits Include:

- Gym access for 3 weeks
- One on one fitness coaching
- Fitness Evaluations
- Body composition analysis
- Goal setting/
Nutritional guidance



- Personal Training • Exercise Classes
- Nutritional Guidance

10516 Silverdale Way NW, Suite 110-B
Silverdale

360-308-9700

See club for details. Limited enrollment. No Cash Value.

Exp. 9/17/2010

**ONE
FREE
FITNESS
CLASS***

*With coupon only.
One coupon per person.
1st time users only. See club for details.



- 30 Day \$\$\$ MONEY BACK GUARANTEE
- Fitness Classes • Money Back Guarantee
- One on One & Group Personal Training

360-308-9700